

Peter Pan Opening Night

By: Adrielle Escaño

Starring Louis Costa as Peter Pan, Zen Abujen as Captain Hook, and Zoe Ariza as Wendy, Olympian's Drama had its opening night of their Peter Pan play on Thursday, November 14. The play opened with Wendy and her siblings, John and Micheal, in their nursery in London. Then, our

everyone agrees to go but Peter is the only one who does not. Wendy leads the Lost Boys and her brothers of other their underground house to find that the pirates are waiting for them. They are captured by pirates and taken to their ship. At the same time, Captain Hook goes in and puts poison



the pirates. The final battle is between Peter and Captain Hook and Peter is able to defeat him by throwing him at the crocodile. The Darling kids come back with the Lost Boys to London and Mr. and Mrs. Darling adopt all of them except Peter, who returns to Neverland. At the very end, we see Slightly very sad because he does not have his mother but Liza, the Darling family maid, relieves herself as his mother.

Overall, I personally loved this rendition of Peter Pan because I enjoyed watching one of my childhood favorites being brought to life. If you missed out, be sure to come to Drama's annual production of Almost Maine next year.

I was able to talk to Peter Pan himself, Louis Costa, about his opening night role and he said, "Peter Pan was my biggest role that I have played thus far and the experience was amazing... It is a very fun character to play because I'm the boss in the story... Being Peter Pan was very nostalgic because I was able to become a child again and tap into what it meant to be a kid, to not care about my problems, to do what I want." He also talked about this new leadership role given to him this year and he says, "There were a lot of new actors and stage crew that joined and I had to show them the ropes... I never saw myself as a leader, however, I did my best to step up to the plate and hopefully I will continue to excel as an actor and leader."

beloved hero, Peter Pan, comes in and takes the Darling kids on a journey to Neverland. Then, we were introduced to the Lost Boys and the famous Olympian's All Female, who gave a riveting performance. Captain Hook, and his sidekick, Smee. Later, Wendy agrees to become the mother of the Lost Boys and shows them what it is like to be a regular boy. One day, Wendy tells the boys a story about three children, who travel to Neverland, stay there for years, and come home to find that their parents are waiting for them. Wendy gets homesick and tells her brothers, John and Micheal, that they should go home. She invites the Lost Boys,

in Peter's medicine, while he is sleeping. Tinker Bell knows this and tries to warn Peter but he does not listen. She drinks the medicine to prove it and causes her to become weak, but the sound of the audience's claps brings her back to life. Once she is back, Tinker Bell and Peter go to save the others.

Captain Hook and his crew are back on their ship and are about to make the Lost Boys and Darling kids walk the plank. He stops when he sees the crocodile that tries to eat him, but it is actually Peter and he gets on the ship to save the kids. Peter and kids are able to kill off most of

DLI Program Holds 4th Annual Posada Celebration

By Alicia Gan

Last Saturday, December 14 of 2019, parents, teachers, and student volunteers from DLI, MEChA, ELAC Committee, Globe Trotters, and Spanish Club, assembled under Mr. Patterson's supervision to organize the 4th Annual Olympian Posada Celebration. The event was held from 6:00 pm to 8:00 pm in the MPR, with roughly 200 attendees. According to Mrs. Tappe, the silent auction and food sales helped raise more than \$2,000 for the end of the year party, lunada1, and medals for students finishing the DLI program.

Half an hour before the official start of the Posada, a stand was set on the Pavilion selling red tickets that could be traded for food. Golden Christmas lights surrounded the entrance to the MPR. Inside, garland hung atop the tables and below the stage, where small colorful piñatas served as ornaments to the red and green tinsel. Each corner of the MPR had a Christmas tree cutout made of wood and wrapped in LED lights.

"You Won't Believe What This Club Does!"

By Alexandrei Baldemeca

Started around 4 and 1/2 years ago, Olympian's Eco Club has found nothing but success in their goal to educate their peers about the environment and different tips to become more environmentally friendly. Vice President, Dean Nafarrete, said, "We spread awareness about environmental issues, provide volunteer opportunities, and do eco-friendly activities."



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Wrestling match Olympian vs Bonita

By Bella King

Wrestling is an awesome sport, but not everyone knows how it works. They are 3 periods where 2 people wrestle each other. The first period both people start off in their stances, we call this neutral position. In the second period the referee flips a coin and you can choose out of 4 options how you want this period to start off in. These options are neutral, top, bottom, and differ where the other team gets to pick first. In the third round whoever didn't choose gets to choose this time.

There are different ways to win a match. You either have to win the most points after the three periods are done or have to pin someone within the three periods. The main ways that you can get points is by nearfall, escape, and take down. Nearfall is where you hold the person down for 5 seconds and you earn 3 points. Escape is when you get into a neutral position from previously being in a bottom position with the person holding you down. Finally, a takedown is when someone you are in a neutral position and get them on a mat in a top position. To pin someone you need to get their shoulder blades down on the mat for 5 seconds. (This maybe a little confusing so you can use some of the photos as reference)

Wrestling is a violent sport but there are things that aren't allowed as well. For instance, when the person is on bottom you aren't allowed to lock hands, but once the person stands up you are allowed to. Also, you aren't allowed to choke people, do a full nelson, or hit people. On the mat there is a ring which the people have to stay inside. If you go outside of the ring then the referee will stop the match so you can go back into the middle. This can be bad because you could be pinning someone and go out of bounds and you will lose all of your progress that it took you to try pinning the person.

On the Boys JV team we had 8 wins by our guys pinning the other guys. Sadly we did lose two by our guys getting pinned. The rest of the matches we won by default because the other team didn't have someone in their line up in the same weight class.

On the Varsity team we had 9 guys win their matches on our team. Then we had 3 guys lose their matches. Just like with the JV match the rest of our team won by default. There were some cool moments as well. There was a match where



they were really close to the rim of the ring that they might go out of bounds, so our guy picked the opponent up and put him in the middle of the ring. That was fun to watch. Another time our guy



was pinning their opponent and was really close to getting out of the ring. He managed to pin the guy with keeping the tips of his toes in the ring for it to count. That was a tense match.

Student Athlete Interview

By Desiree Adamos



Many students around Olympian High School are involved in a variety of activities; ranging from athletics, academics, and the visual performing arts. Alongside this, many students also have to deal with the pressure and stress of rigorous classwork and keeping up good grades. I have interviewed a student, Raphael Pamintuan, and asked him how he balances his academic life with their extracurriculars.

Raphael Pamintuan is a 10th grader at Olympian High School and plays for the JV Boys Basketball team. The classes that he considers rigorous are Chemistry Honors and AP World History. Although he states that he procrastinates more often now that he is in a sport, he has practiced more time management skills as well. Raphael is able to maintain his grades and hard work in basketball through the support of his

family members. He states that his family members have always supported him in the extracurriculars that he does, yet always motivates him to strive in his academics as well. To other upcoming or current student athletes, Raphael advises to learn how to communicate with parents and coaches and learn how to adjust to changes in schedules.

Like the individual that I have interviewed, many students around campus are involved in activities that they are passionate about. Having outside activities besides homework and studying certainly makes one's highschool life more exciting, yet also more difficult as students have to learn to manage their time better.

"You Won't Believe What This Club Does!" *Continued*

By Alexandrei Baldemeca

The club cabinet features Aaron Masikip as president, Dean Nafarrete as vice president, Anabella Rios as treasurer, and Amaya Garcia as secretary. The group consists of three seniors and one junior (the vice president).

The club meets in room 501 during lunch every Thursday to speak about different issues and topics revolving around the environment. During a normal meeting, the students would sign in, take a seat, while being greeted by the cabinet members. Throughout their meetings they mention upcoming volunteer opportunities, the latest environmental news, as well as activities the members could take part in. On their instagram they feature different activities they have done, including the making of DIY projects such as lip balms and recyclable Christmas trees. They also feature different tips and ways to help be eco-friendly as well as maintain a healthy environment.

During their past meeting, they highlighted a different way to make a healthy, all-natural, face mask for their club members to use. They provided all the materials needed as well as containers for their members to put their masks in for later use. Each cabinet member went around explaining instructions as well as passing out supplies. The

group makes sure that everyone is involved and included in each of their activities.

Eco Club has taken part in the recent Climate Strike as well as had people speak upon the different issues we are now facing. They are also hoping to create an Earth Day event in April. Eco Club has many plans to help better the environment and

raise awareness on the Climate Change issue.

Olympian's Eco Club meets every Thursday in Ms. Hedrick's room (room 501). Come and support the club in their goal to educate their peers on current environmental issues people are facing and different ways to combat those issues by implementing different eco-friendly practices into your day to day life. Club vice president, Dean Nafarrete says, "ooga!" You can find them on instagram @ohsecoclub, if you have an interest in learning about ways to improve the environment and help maintain a suitable environment, come to Eco Club!



DLI Program Holds 4th Annual Posada Celebration

By Alicia Gan

Cloths, Poinsettia flowers, and miniature Christmas ornaments adorned the tables. To the left, three piñatas awaited smashing on a cart. To the right, food was being served: water, soda, champurrado², Krispy Kreme doughnuts, buñuelos³, pan dulce, tostilocos, and tamales with refried beans and Mexican rice on the side. By 6:00 pm, the lines had gotten so long they crossed over the entrance, especially on the tamales.

The crowds came together under a letanía, dialogue prayer in the form of verses that tell the story of Mary and Joseph's way to Bethlehem (known in Spanish as Belén). A Posada is, after all, a religious celebration held before Christmas. Once the lines for food finally died down, Mr. Patterson stepped forward to introduce the school's Mariachi Más Fuerte team. Lights were either dimmed or turned down as the curtains opened to reveal the students with instruments on hand. The ensemble played various songs with male and female singers alike, to the delight of their audience. As the group exited the stage, Mr. Patterson invited them to a meal of tamales,

announcing a discount on the remaining food. From 7:15 to 7:30 pm, a total of 55 diplomas were handed for the awards ceremony, 36 to members of the DLI program and 17 to English Learners. Students were nominated by their



teachers for Academic Improvement, Outstanding Academic Achievement, Effective Communicator, Senior Standout, Outstanding Spanish Speaker, Ambassador of Hispanic Culture, and Most Involved on Campus.

Some parents left then, but for the bored little kids accompanying their siblings to the Posada, the main event was only starting. Kids formed two lines at the pavilion, waiting eagerly for the first piñata⁴ to be hung. Briefly, Elementary students debated whether they should allow the preschool kids to go first or alternate between turns. They settled on the latter.

Traditionally, the seven peaks of a piñata represent the seven deadly sins, and the triumph of good over evil through the symbolic breaking of this object. Hence the piñata song going, "Hit it, hit it, hit it, / Don't lose your aim, / Because if you lose it, / You lose the way." But then, a piñata is

traditionally made of clay, and the last thing on a kid's mind is religious philosophy.

More missing and tapping was involved than hitting with the first round at the yellow piñata, despite the fact that it stayed largely unmoving. Parents took their cellphones out, recording the adorable failures of their 3 to 6 year-old kids. Once older Elementary and Middle School kids joined in, the process was smoother. It still took a dozen turns before a cone was finally broken. Yet at the first sight of candy, children rushed to the ground like a colony of ants to a drop of honey. The round continued onto the second piñata, circular like the first but decorated with green papel chino⁵ instead. This piñata swung so wildly and so high that kids couldn't land a hit unless they jumped a few feet off the floor. But it was candy, so they persisted.

It was so much fun, in fact, that some kids even took the remnants of the piñatas home, or used the cones as makeshift candy bags.

The last round finally opened to High School students, most of which had stayed in the MPR to help put the decorations away. "Don't hit it too hard," said one. "I want to take a turn too." This third piñata was a beautiful female Catrina. Handmade, decorated with intricately cut papel chino from her eyeshadow and flower decorations to the red and yellow dress falling over her ankles.

It took three turns for the piñata to lose her feet. Adults and kids alike observed, amazed, as the carton limbs flew halfway over the height of the MPR, and nearly over the perimeter of the pavilion. She lost her torso on the fifth turn, and her head exploded by the tenth.

"See, that's why I didn't want you to go first!"



Stress Management

By Desiree Adamos

It's that time of the year again! With college decisions, test scores, final grades, stress is in the air. Although stress comes naturally with any kind of highschool experience, one of our Olympian counselors, Mrs. Skinner, advises on how to handle stress effectively.

How can you recognize stress in your daily life? Stress can come out in different ways for different people. Maybe it'll cause you to lose sleep, become easily distracted, feel nervous; it exhibits in different ways.

Some say that stress is good for you. It helps some feel productive. How do you know if the stress is too much stress?

It definitely is a natural response. When you're not able to find that "calm," that's when it can be a negative thing for the individual. If you can't get to the part where you feel at ease or focused or rest at the end of the day and it's impacting your regular activities, that could cause a negative and harmful effect.

How can a student help their friends who are stressed?

It's always nice to talk to someone. They can always recommend speaking to a counselor or a peer counselor for getting support. There are a lot of different activities that students can do to help their stress because everyone's unique. Some activities work for someone and make another more stressed out, so depending on the person there are a lot of activities that we often share with students to help support them.

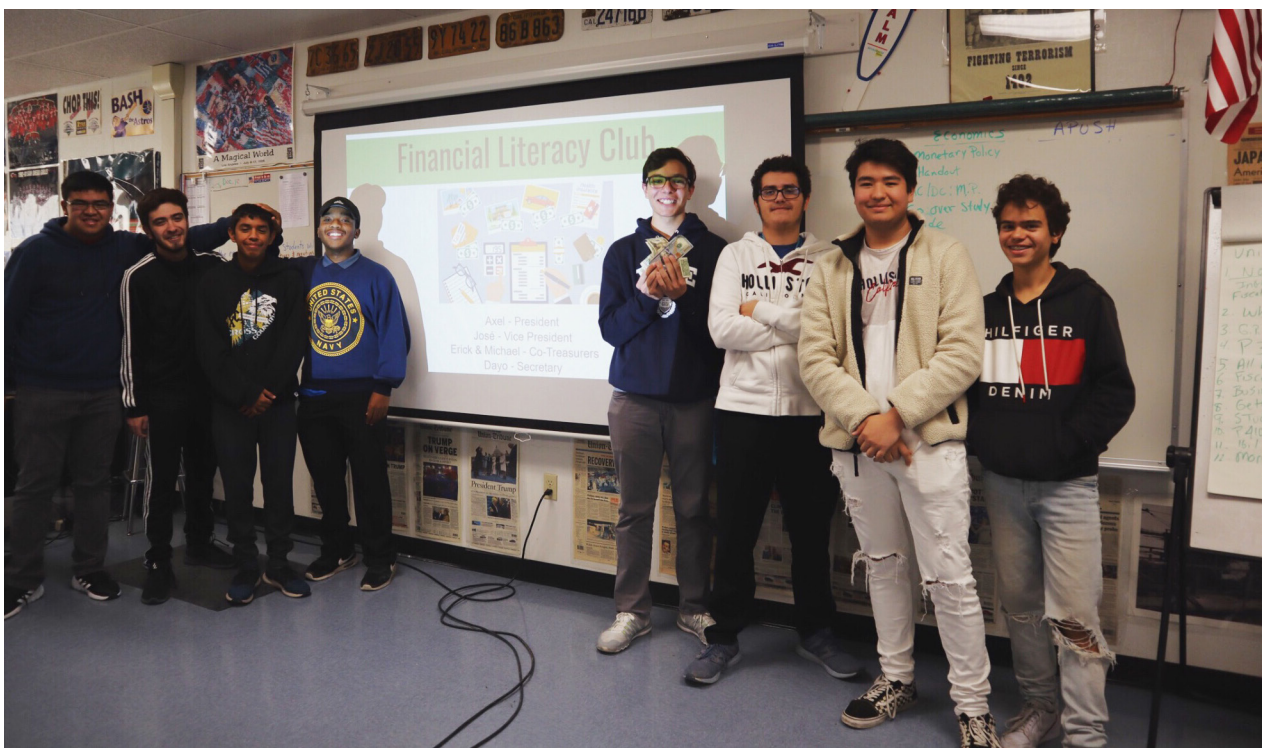
How can you tell a student to plan ahead of time and know what's too much to handle? I believe it's important that they are mindful of the activities that they are involved in already. It's important for them to also consider the new activities they want to begin. If they have ideas of "Ooh I want to try this next year," it's also important to think "How is this going to impact my schedule?" It's important to know what your availability is and your time management. Having an idea of those things is important as far as making an informed decision to the number of rigorous courses that you take. Another important thing is to know if you have the motivation to take on challenging courses and it's important to make sure that when you make that commitment that it's something that you truly want for yourself.

What are some resources that the counseling center offers for stressful students? Students can come in and check in with their counselor; I've seen a lot of students benefit from speaking with someone, whether it be a counselor or peer counselor. We are very fortunate to have our peer counselors, which is another network of support for students. Students will often be able to relate a little better to peer counselors since they are closer to their age and are experiencing similar stressors. We also offer a couple pages and packets that students can review and decide for themselves what methods work for them to handle stress. In the packet there are also many apps that help students manage stress and maintain their wellbeing.

What benefits does stress management have? As we grow, change, learn, experience different and new things gives a different level of stress. To develop a skill like managing stress and maintaining self care is a life skill. I believe that this skill will adjust as you grow and experience new things. It's an important skill because college will be tough and even careers and managing a houseful can be stressful. Stress management is definitely a life skill that will hopefully continue to develop through the years.

"This Club Teaches You What School Doesn't!"

Financial Literacy Club By Alexandrei Baldemeca



Olympian's very first Financial Literacy Club started by junior, Axel Aragon, teaches students about different financial related topics while connecting it to real life situations. The club was created to enrich the students' knowledge on financial topics. Club president, Axel Aragon, also states, "We care about finance and we want to educate students on topics not taught in school."

The club cabinet is comprised of students of the junior class: Axel Aragon as president, Jose Diaz as vice president, Micheal Willson and Erick Tan as co-treasurers, and Dayo Amisu as secretary.

During their past meetings they have been teaching their peers about the stock market and how to invest in the stock market. They also spoke of the benefits and downsides to investment. The club plans to speak more about real estate, credit cards, cryptocurrency, and taxes. They aim to help students learn about finance to prepare them for future circumstances. Olympian's Financial Literacy Club plans to attend the Junior Achievement (JA) Stock Market Challenge, as well as the

JA Company Program to represent Olympian High School. In the Stock Market Challenge they will be asked to create the highest valued portfolio with simulated stocks that mimic the real stock market. In the Company Program they will form a real business and compete against other schools over the course of a semester to see who created the most profitable, creative, and sustainable business idea.

The club meets every Thursday in room 952 during lunch to discuss topics revolving around finance. The club is open to anyone wanting to learn about how to effectively use their financial resources. Club secretary, Dayo Amisu, mentions, "We teach about topics you need to know as an adult that school doesn't teach you." During a normal meeting, their club members walk in and take a seat as the club cabinet sets up their lesson. At the end of each meeting, the cabinet will usually hand out snacks to those who can answer questions based on the lesson taught. During the first couple of meetings, the group prepared small ice breakers for the club members. They constructed



scenarios in which they put students in situations where they were given the freedom to make their own financial decisions. To finalize each lesson, they assert a short saying or motto to help their club members remember each lesson. One of their club members, Samuel Villegas expressed, "I learned about the importance of investing and I'm planning on investing when I'm older."

The Financial Literacy Club meets every Thursday in Mr. Hart's room (room 952). Come support the club in their goal to educate students on the importance of understanding finance in daily situations. The club president, Axel Aragon, and club vice president, Jose Diaz, express that you should, "Come learn about finance. Money drives the world. If you don't pay the price today, you'll pay the price tomorrow." If you have an interest in learning about finance and how it relates to real life situations stop by and support.